

# PARENT'S GUIDE TO PEDIATRIC DENTAL SEDATION

It is important for your child's safety that you follow these instructions

- Eating and Drinking...** To avoid vomiting and complications during treatment with sedation; **DO NOT** allow your child any food or drink after midnight.
- Change in Health...** Any change in the child's health, especially the development of a cold or fever, within seven (7) days prior to the day of treatment, is very important. If possible, inform this office of any change in your child's health prior to your appointment.
- Arriving ..** A parent or guardian must accompany the patient to the dental office and must remain until treatment is completed. Plan to arrive early for your appointment.
- Medications ...** **DO NOT** give your child any medications, before the appointment. **Bring the medication to the office for administration by the office personnel.** Call our office with any questions.
- Dress ...** Please dress your child in short sleeves and loose clothing because we will be taking vital signs. Also, remove any fingernail polish.

## • AFTER THE SEDATION APPOINTMENT •

- Activities ....** **DO NOT** plan or permit activities for the child after treatment. Allow the child to rest. Closely supervise any activity for the remainder of the day.
- Getting Home...** The patient must be accompanied by a parent or guardian. The child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation.
- Drinking or Eating....** Vomiting can occur in some children after the use of a sedative. After treatment, drinks can be given and soft food may be taken when desired.
- Seek Advice....** If vomiting persists beyond four (4) hours. If the temperature remains elevated beyond 24 hours. If there is any difficulty breathing. If any other matter causes you concern, call Dr. Caple or go to the emergency room.